

## Program Overview

**STRIDE** is a state-funded, workforce development program that provides transitional support services, operating within the Quinebaug Valley Community College's administrative service division.



President of QVCC,  
Dr. Carlee Drummer

The **STRIDE** Program serves a targeted group of incarcerated men and women both pre and post-release at Bridgeport Correctional Center in Bridgeport, Niantic Annex Correctional Institution in Niantic, Corrigan-Radgowski Correctional Center in Uncasville, York Correctional Institution in Niantic, and Willard-Cybulski Correctional Institution, which now includes the Cybulski Community Reintegration Center, in Enfield. Class curriculum and post-release services are collaboratively designed to assist parents in successfully reentering the workforce while resuming their parental roles.



## Support Partners

- Department of Labor
- Department of Social Services
- Department of Correction
- QVCC - Quinebaug Valley Community College
- State of CT Judicial Branch Support Enforcement Unit

# STRIDE

**SKILLS**...participants will identify their unique soft and technical skills

**TRANSITION**...participants receive services & supports for successful transition to the community

**RESPECT**...participants develop respect for their employment potential based on the development of their résumés

**INTEGRITY**...participants re-establish personal & professional integrity through identification of work related values and personal criteria

**DIRECTION**...participants develop unique employment goals that promote job success & satisfaction

**EMPLOYMENT**...participants will become employed in positions that match existing skills and capabilities

## Notes From **STRIDE** Supporters

*"The **STRIDE** Program is important to me because it gives me a new confidence about myself knowing I can make it without a life of crime."*

*"**STRIDE** provides hope, and the essential tools needed to get you back on your feet."*

*"**STRIDE** gave me the confidence that I needed to go back out into society to get my life together."*

## Contact Information

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Program Director

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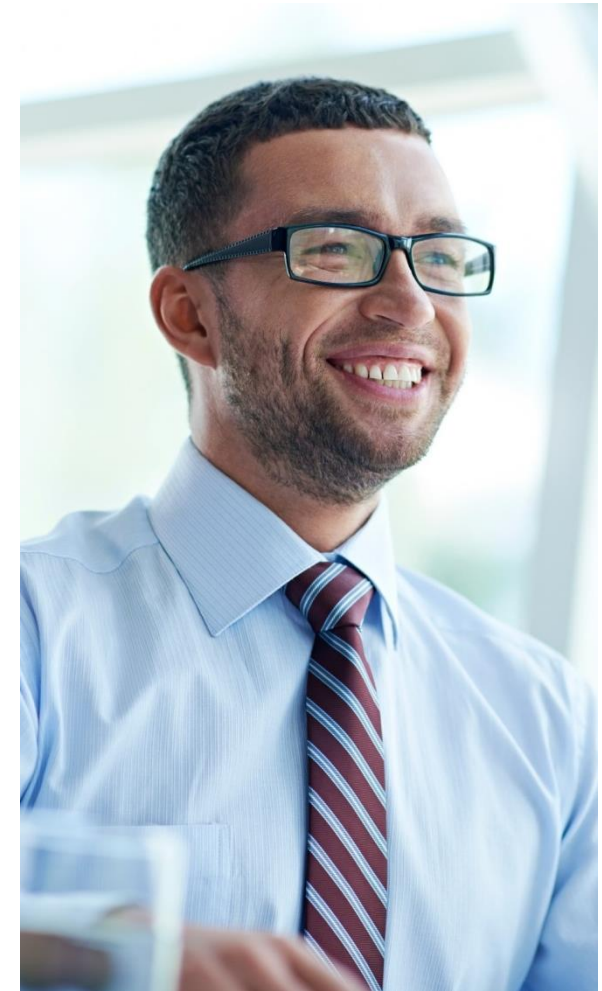
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Stepping Into the Future  
With Pride & Purpose



**Quinebaug Valley  
Community College**

[www.QVCC.edu/STRIDE](http://www.QVCC.edu/STRIDE)

## Participants Eligibility Criteria

Must be currently incarcerated at one of the participating STRIDE correctional facilities

Must be a non-custodial parent of a child under the age of 25

You or your child(ren) are now or have been recipients of any CT state assistance program such as TFA, SAGA/LIA, HUSKY, SNAP

Must be committed to becoming employed and plan to remain in the state of CT

Must be able to make and keep scheduled appointments with STRIDE staff, both on a pre and post-release basis



## Pre-Release Curriculum

### Curriculum Modules:

- Your Attitude, Motivation, Change Identify Your Skills
- What Do Employers Want & Expect
- Job Search Strategies
- Applications, Résumés and Cover Letters
- Interview Skills
- Success on the Outside

### Case Management:

- Goal Setting to Address Barriers
- Career and Employment Planning
- Identify School/Training Opportunities

## 2015 - 2016 STRIDE Deliverables

### York Correctional Institution

- Number of program participants to be recruited: 218
- Number of program participants to be served: 75
- Number of participants placed in full or part-time jobs: 26
- Number of participants retaining employment: 19

### Niantic Annex Correctional Institution

- Number of program participants to be recruited: 191
- Number of program participants to be served: 75
- Number of participants placed in full or part-time jobs: 26
- Number of participants retaining employment: 19

### Corrigan-Radgowski Correctional Center

- Number of program participants to be recruited: 218
- Number of program participants to be served: 75
- Number of participants placed in full or part-time jobs: 26
- Number of participants retaining employment: 19

### Bridgeport Correctional Center

- Number of program participants to be recruited: 80
- Number of program participants to be served: 50
- Number of participants placed in full or part-time jobs: 10
- Number of participants retaining employment: 7

### Willard-Cybulski Correctional Institution Reintegration Unit

- Number of program participants to be recruited: 47
- Number of program participants to be served: 50
- Number of participants placed in full or part-time jobs: 3
- Number of participants retaining employment: 1



## Post-Release Supports

- Job Search and Placement
- Development of Opportunities with Employers
- Internships/Cooperative Educational Experiences
- Linkages to Community Supports to Promote Retention
- Incentive Programs

## Community Outcomes

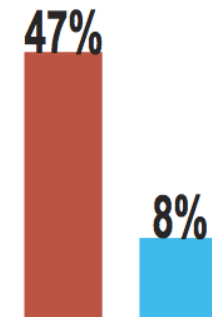
- Enhancing Public Safety
- Reduction in Recidivism
- Re-Unification with Family and Children
- Continued Development of Relationships with all Community Partners
- Opportunities for Sustainable Employment

## Awards



- 2012 Bellwether Award Winner
- 2009 CT Alliance for Basic Human Needs (CABHN) Award
- 2007 Bellwether Awards Finalist
- 2007 Bronze Telly Award winner STRIDE video

## CT Recidivism Rate\* Comparison



- No Re-entry Program
- STRIDE Program Participants

\*Based on the 2011 Annual Recidivism Report from the State of Connecticut, Office of Policy & Management Criminal Justice and Planning Division. The calculation was based upon a two year period.